

Client Name:

Baby's First Name: $\qquad$

What \# pregnancy is this? $\qquad$ What \# birth? $\qquad$
Girl What was the baby's weight at birth? $\qquad$

How was your pregnancy? $\qquad$

Where and with whom did you have the baby? Hospital w/ OB Hospital w/ Midwife Birth Center w/ Midwife Home w/ Midwife

If your birth was in this town/city, who was your doctor/midwife? $\qquad$
Who supported you during your labor and birth? Partner Friend Doula Nurse Midwife Other:

What type of birth was this? Vaginal
(Emergency/Scheduled/Repeat)
VBAC (Vaginal Birth After Cesarean)
Did labor start on its own? Yes No At how many weeks gestation? $\qquad$
If labor didn't start on its own, how was labor induced? Amniotomy Pitocin
Prostaglandin
(Prepadil, Cervadil)
Cytotec (Misoprostol) Other: $\qquad$

Did your water break on its own? Yes No
Labor During Labor While Pushing
Were you given Pitocin to move your labor along? Yes No
If YES, how far along were you during labor? $\qquad$

Did you have an epidural? Yes No
If YES, how far along were you during labor?

No
If YES, what kind? $\qquad$

How long was your labor? $\qquad$ For a vaginal birth, how long did you push? $\qquad$
Did you have a(n): Episiotomy Tear
Did you need stitches?
Neither
What
degree was the tear? $1^{\text {st }} 2^{\text {nd }} 3$ rd $4^{\text {th }}$
Which? Forceps
Vacuum
Why?
Were there any complications? Yes No If YES, describe: $\qquad$
If you had a cesarean birth, why did you have one? $\qquad$

How was your physical healing after the birth?

Did you have baby blues or postpartum depression after this birth?

Did you breastfeed? Yes No How long? Did you have difficulty? Yes No If yes, describe: $\qquad$
How did you feel about this birth? $\qquad$

What did you like most about it? $\qquad$

What would you like to be different with your upcoming birth?

Additional Notes:
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